

## Beverages

**Coffee 3.25**

Decaffeinated Coffee .....	3.25
Hot Black Tea .....	3.25
Herb Tea .....	3.25
Iced Tea or Iced Coffee .....	3.25
Hot Chocolate .....	3.25
Milk .....	3.25
Chocolate Milk .....	3.45



## Children's Menu

For Our 12 and Under Friends



One Egg With French Fries and Toast (1) .....	5.25
Plus Bacon (2), Sausage (2) or Ham .....	6.25
Junior Order Hot Cakes or French Toast .....	5.25
Plus Bacon (2), Sausage (2) or Ham .....	6.25
Silver \$ Pancakes .....	5.25
With Bacon (2), Sausage (2) or Ham .....	6.25
Cheese Omelette with French Fries and 1 Slice of Toast .....	5.95
Peanut Butter & Jelly Omelette with French Fries and 1 Slice of Toast .....	5.95
Banana & Sour Cream Omelette with French Fries and 1 Slice of Toast .....	5.95
Cereal Frosted Flakes, Raisin Bran, Corn Flakes, Cheerios or Shredded Wheat      add Banana \$ 1.50 .....	4.95

## Smoked Fish Specialties

Includes Bread, Roll or Bagel, Cream Cheese, Tomato, Cucumber, Onion and Cole Slaw

	Appetizer	Platter
Lox .....	18.95	23.95
Smoked White Fish .....	17.95	22.95
Natural Cod .....	23.95	29.95
Baked Salmon .....	20.95	26.95

## Side Dishes

Cottage Cheese .....	4.45
Red Tomato .....	4.45
Greek Olives .....	4.45
Apple Sauce .....	3.45

# fromin's

DELICATESSEN

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RESTAURANT

## Breakfast Menu

**Monday - Friday 'til 11:00 A.M.**

(Except Holidays)

Prices applicable in Dining Room only.



**LET FROMIN'S CATER  
YOUR NEXT PARTY,  
LARGE OR SMALL.**

## Eggs & Omelettes

Matzo Brie.....	10.95
Corned Beef Hash with Poached Eggs.....	12.95
Lox Benedict with Poached Eggs and Hollandaise Sauce on a Toasted English Muffin.....	15.95
Eggs Benedict with Poached Eggs, Canadian Bacon and Hollandaise Sauce on a Toasted English Muffin.....	12.95
Eggs Florentine with Poached Eggs, Spinach and Hollandaise Sauce on a Toasted English Muffin.....	12.45

All of the Items Below are Served with Your Choice of Home-Fried Potatoes, Potato Pancake, Applesauce, Cottage Cheese or Tomato. Served with a Bagel, Roll, English Muffin or Toast.  
Egg Whites or Eggbeaters Available on Request, Add 1.00

Two Eggs, Any Style.....	8.45
Ham, Bacon, Sausage, Burger Patty, Turkey Patty or Turkey Sausage & Eggs.....	11.45
Scrambled Eggs, with Lox on Side.....	15.95
Huevos Rancheros Fried Eggs served on Corn Tortillas with Spanish Sauce, Rice, Refried Beans and Grated Cheese.....	9.95
Scrambled Eggs with Chorizo.....	10.95
Marinated (Skirt) Tenderloin Steak & Eggs.....	Half Steak 14.95 / 18.95
1. Cheese Omelette with American, Swiss, Jack or Cheddar.....	10.45
2. Denver Omelette with Ham, Green Peppers and Onions.....	11.95
3. Eggs and Onions Omelette.....	9.45
4. Lox, Eggs and Onions Omelette.....	14.95
5. Chicken Livers and Onions Omelette.....	11.95
6. Fresh Mushroom Omelette.....	11.95
7. Fresh Spinach Omelette with Jack Cheese.....	11.95
8. Spinach and Mushroom Omelette.....	12.95
9. Vegetable Omelette, with Assorted Fresh Vegetables.....	11.95
10. Ham and Cheese Omelette.....	12.95
11. Bacon and Cheese Omelette.....	12.95
12. Sausage and Cheese Omelette.....	12.95
13. Salami or Bologna Omelette.....	12.95
14. Pastrami or Corned Beef Omelette.....	12.95
15. Reuben Omelette Corned Beef or Pastrami with Swiss Cheese and Sauerkraut.....	12.95
16. Deli Omelette with Corned Beef, Pastrami, Salami and Bologna.....	12.95
17. Spanish Omelette with Jack Cheese.....	11.95
18. Chili Omelette with Muenster Cheese.....	11.95
19. Avocado Omelette with Jack Cheese and Diced Tomatoes.....	12.95
20. Chile Relleno Omelette, with Ortega Chile, Jack Cheese and Diced Tomatoes.....	12.95
21. Machaca Omelette.....	12.95
22. Ground Beef, Spinach, Cheddar Cheese and Onion Omelette.....	13.95
23. Marinated Skirt Steak Omelette with Mushrooms and Sautéed Onions.....	14.95
24. Fromin's Special Omelette with Avocado, Sausage, Mushrooms, Jack Cheese and Sour Cream.....	13.95
25. Triple Triple Omelette with 3 Meats and 3 Cheeses – Your Choice.....	15.95

You may add any of the following to your omelette:

Cheese 1.45 Onions .75 Diced Tomatoes 1.25 Mushrooms 1.95 Avocado 1.95

### On A Bagel

Served on a Bagel, Open-Faced,  
with Cream Cheese, Sliced Tomato,  
Cucumber, Sliced Onion,  
Cole Slaw and Olives

Lox.....	15.95
Natural Cod.....	19.95
Smoked White Fish.....	15.95
Baked Salmon.....	16.95
Any Combo of Two Above.....	17.95
Smoked Whitefish Salad.....	11.95
Lox & Cream Cheese Spread.....	8.95

### Breakfast Burritos Served with Fresh Fruit 11.95

- #1- Bacon, Egg, Potatoes & Cheddar Cheese
- #2- Ham, Egg, Potatoes & Jack Cheese
- #3- Canadian Bacon, Egg, Potatoes, Spinach,  
Swiss Cheese w/ Hollandaise Sauce

### Brunch Platter

Includes Lox, Smoked White Fish,  
Natural Cod, Cole Slaw, Cucumber,  
Tomato, Onion, Olives, Cream Cheese  
and Coffee

For One (2 Bagels).....	30.95
For Two (3 Bagels).....	51.95

## Blintzes, Hotcakes, etc.

Cinnamon Loaf French Toast.....	9.95
Old-Fashioned Buttermilk Pancakes (4).....	8.45
With Ham, Bacon or Sausage.....	11.45
With Chocolate Chips.....	8.95
With Banana.....	8.95
With Fresh Strawberries.....	9.95
Short Stack (3).....	7.45
With Ham, Bacon or Sausage.....	10.45
Hotcake Sandwich Two Buttermilk Pancakes Topped with Two Eggs and Two Bacon Strips, Sausage or Ham, Creamy Whipped Butter and Syrup.....	10.95
Fluffy French Toast (Grilled or Deep Fried).....	9.95
With Ham, Bacon or Sausage.....	12.95

Blintzes – Cheese (3) Served with Sour Cream and Preserves.....	13.45
Blintzes – Cheese (2) Served with Sour Cream and Preserves.....	10.95
Blintzes – Blueberry or Strawberry (3) Served with Sour Cream and Preserves.....	13.45
Blintzes – Blueberry or Strawberry (2) Served with Sour Cream and Preserves.....	10.95
Potato Pancakes (3) Served with Sour Cream and Applesauce.....	10.95
Waffle – Plain.....	8.95
With Two Eggs, Choice of Bacon (2), Sausage (2) or Ham.....	11.45
With Fresh Strawberries and Whipped Cream.....	11.45

## Fruits & Juices

	Small	Large
Fresh Orange Juice.....	3.95	4.95
Fresh Grapefruit Juice.....	3.95	4.95
Cranberry Juice.....	3.45	4.95
Pineapple Juice.....	3.45	4.95
Tomato Juice.....	3.45	4.95
Apple Juice.....	4.95	4.95
Stewed Prunes (6).....		4.95
Half Grapefruit.....		4.95
Banana (1).....		1.45
Goblet of Fresh Fruit.....	5.95	7.45

## When in Season

Fromin's "Famous" Baked Apple 6.45 Melon 5.75 Cantaloupe 5.75 Goblet of Strawberries 7.45 Strawberries with Sour Cream 8.95

## Sides

One Egg.....	3.45
Two Eggs.....	5.25
Cold Cereal Frosted Flakes, Raisin Bran, Cornflakes, Cheerios or Shredded Wheat.....	5.75
With Banana or Strawberries in Season.....	6.95
Oatmeal Served with Raisins and Brown Sugar and Made with Milk.....	6.45
Served until 11:00 am.....	6.45
Cream of Wheat.....	6.45
Add 1.00 Made with Milk - Served until 11:00 am.....	6.75
Homemade Granola with Fresh Fruit and Yogurt.....	6.75
Home-Fried Potatoes.....	5.25
Ham, Bacon, Sausage, Turkey Sausage or Canadian Bacon.....	5.25
1/2 Order of Bacon or Sausage.....	3.25
Burger Patty or Turkey Patty.....	7.45
Corned Beef Hash.....	8.45
English Muffin.....	3.55
Bagel or Roll with Butter, Cream Cheese and Jelly.....	3.75
Toast with Butter, Cream Cheese and Jelly.....	3.55
"Old Fashioned" Cinnamon Toast.....	3.95
Raisin Pumpernickel Toast with Cream Cheese.....	4.95
Corn or Flour Tortillas.....	3.45
Muffin.....	4.45
Danish Pastry.....	4.45

Still Hungry? Make Sure to Check Our Side Dishes Section