

## Beverages

**Coffee 3.45**

|                               |      |
|-------------------------------|------|
| Decaffeinated Coffee .....    | 3.45 |
| Hot Black Tea .....           | 3.45 |
| Herb Tea .....                | 3.45 |
| Iced Tea or Iced Coffee ..... | 3.45 |
| Hot Chocolate .....           | 3.45 |
| Milk .....                    | 3.45 |
| Chocolate Milk .....          | 3.75 |



## Children's Menu

*For Our 12 and Under Friends*



|  |      |
|--|------|
| One Egg With French Fries and Toast (1) .....  | 5.45 |
| Plus Bacon (2), Sausage (2) or Ham .....   | 6.45 |
| Junior Order Hot Cakes or French Toast .....   | 5.45 |
| Plus Bacon (2), Sausage (2) or Ham .....   | 6.45 |
| Silver \$ Pancakes .....   | 5.45 |
| With Bacon (2), Sausage (2) or Ham .....   | 6.45 |
| Cheese Omelette <i>with French Fries and 1 Slice of Toast</i> .....  | 6.45 |
| Cereal <i>Frosted Flakes, Raisin Bran, Corn Flakes, Cheerios or Shredded Wheat</i> <i>add Banana \$ 1.50</i> ..... | 5.45 |

## Smoked Fish Specialties

Includes Bread, Roll or Bagel, Cream Cheese, Tomato, Cucumber, Onion and Cole Slaw

|                         | Appetizer | Platter |
|-------------------------|-----------|---------|
| Lox .....               | 19.95     | 24.95   |
| Smoked White Fish ..... | 18.95     | 23.95   |
| Natural Cod .....       | 24.95     | 30.95   |
| Baked Salmon .....      | 21.95     | 27.95   |

## Side Dishes

|                      |      |
|----------------------|------|
| Cottage Cheese ..... | 4.45 |
| Red Tomato .....     | 4.45 |
| Greek Olives .....   | 4.45 |
| Apple Sauce .....    | 3.45 |

# fromin's

DELICATESSEN

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RESTAURANT

## Breakfast Menu

**Monday - Friday 'til 11:00 A.M.**

(Except Holidays)

Prices applicable in Dining Room only.



**LET FROMIN'S CATER  
YOUR NEXT PARTY,  
LARGE OR SMALL.**

## Eggs & Omelettes

|   |       |
|---|-------|
| Matzo Brie.....   | 11.95 |
| Corned Beef Hash with Poached Eggs.....   | 13.95 |
| Lox Benedict with Poached Eggs and Hollandaise Sauce on a Toasted English Muffin.....                             | 16.95 |
| Eggs Benedict with Poached Eggs, Canadian Bacon and Hollandaise Sauce on a Toasted English Muffin.....            | 13.95 |
| Eggs Florentine with Poached Eggs, Spinach and Hollandaise Sauce on a Toasted English Muffin.....                 | 12.95 |
| Huevos Rancheros Fried Eggs served on Corn Tortillas with Spanish Sauce, Rice, Refried Beans and Grated Cheese .. | 10.95 |
| Scrambled Eggs with Chorizo .....   | 11.95 |

All of the Items Below are Served with Your Choice of Home-Fried Potatoes, Potato Pancake, Applesauce, Cottage Cheese or Tomato. Served with a Bagel, Roll, English Muffin or Toast.  
Egg Whites or Eggbeaters Available on Request, Add 1.00

|   |                          |
|---|--------------------------|
| Two Eggs, Any Style.....  | 8.45                     |
| Ham, Bacon, Sausage, Burger Patty, Turkey Patty or Turkey Sausage & Eggs.....                   | 11.45                    |
| Scrambled Eggs, with Lox on Side.....   | 16.95                    |
| Marinated (Skirt) Tenderloin Steak & Eggs.....  | Half Steak 15.95 / 19.95 |
| 1. Cheese Omelette with American, Swiss, Jack or Cheddar.....                                   | 10.95                    |
| 2. Denver Omelette with Ham, Green Peppers and Onions.....                                      | 12.95                    |
| 3. Eggs and Onions Omelette .....   | 9.95                     |
| 4. Lox, Eggs and Onions Omelette .....  | 15.95                    |
| 5. Chicken Livers and Onions Omelette.....  | 12.95                    |
| 6. Fresh Mushroom Omelette .....  | 12.95                    |
| 7. Fresh Spinach Omelette with Jack Cheese.....   | 12.95                    |
| 8. Spinach and Mushroom Omelette .....  | 13.95                    |
| 9. Vegetable Omelette, with Assorted Fresh Vegetables .....                                     | 12.95                    |
| 10. Ham and Cheese Omelette.....  | 13.95                    |
| 11. Bacon and Cheese Omelette .....   | 13.95                    |
| 12. Sausage and Cheese Omelette .....   | 13.95                    |
| 13. Salami or Bologna Omelette.....   | 13.95                    |
| 14. Pastrami or Corned Beef Omelette.....   | 13.95                    |
| 15. Reuben Omelette Corned Beef or Pastrami with Swiss Cheese and Sauerkraut.....               | 13.95                    |
| 16. Deli Omelette with Corned Beef, Pastrami, Salami and Bologna .....                          | 13.95                    |
| 17. Spanish Omelette with Jack Cheese .....   | 12.95                    |
| 18. Chili Omelette with Muenster Cheese.....  | 12.95                    |
| 19. Avocado Omelette with Jack Cheese and Diced Tomatoes.....                                   | 13.95                    |
| 20. Chile Relleno Omelette, with Ortega Chile, Jack Cheese and Diced Tomatoes.....              | 13.95                    |
| 21. Machaca Omelette.....   | 13.95                    |
| 22. Ground Beef, Spinach, Cheddar Cheese and Onion Omelette .....                               | 14.95                    |
| 23. Marinated Skirt Steak Omelette with Mushrooms and Sautéed Onions.....                       | 15.95                    |
| 24. Fromin's Special Omelette with Avocado, Sausage, Mushrooms, Jack Cheese and Sour Cream..... | 14.95                    |
| 25. Triple Triple Omelette with 3 Meats and 3 Cheeses – Your Choice .....                       | 16.95                    |

You may add any of the following to your omelette:

Cheese 1.45 Onions .75 Diced Tomatoes 1.25 Mushrooms 1.95 Avocado 1.95

### On A Bagel

Served on a Bagel, Open-Faced,  
with Cream Cheese, Sliced Tomato,  
Cucumber, Sliced Onion,  
Cole Slaw and Olives

|                                 |       |
|---------------------------------|-------|
| Lox .....                       | 16.95 |
| Natural Cod .....               | 20.95 |
| Smoked White Fish .....         | 16.95 |
| Baked Salmon .....              | 17.95 |
| Any Combo of Two Above .....    | 18.95 |
| Smoked Whitefish Salad .....    | 12.95 |
| Lox & Cream Cheese Spread ..... | 9.95  |

### Breakfast Burritos Served with Fresh Fruit 12.95

- #1- Bacon, Egg, Potatoes & Cheddar Cheese
- #2- Ham, Egg, Potatoes & Jack Cheese
- #3- Canadian Bacon, Egg, Potatoes, Spinach,  
Swiss Cheese w/ Hollandaise Sauce

### Brunch Platter

Includes Lox, Smoked White Fish,  
Natural Cod, Cole Slaw, Cucumber,  
Tomato, Onion, Olives, Cream Cheese  
and Coffee

|                          |       |
|--------------------------|-------|
| For One (2 Bagels) ..... | 31.95 |
| For Two (3 Bagels) ..... | 54.95 |

## Blintzes, Hotcakes, etc.

|  |       |
|--|-------|
| Cinnamon Loaf French Toast .....   | 10.95 |
| Old-Fashioned Buttermilk Pancakes (4) .....  | 8.95  |
| With Ham, Bacon or Sausage .....   | 11.95 |
| With Chocolate Chips .....   | 9.95  |
| With Banana .....  | 9.95  |
| With Fresh Strawberries .....  | 10.95 |
| Short Stack (3) .....  | 7.95  |
| With Ham, Bacon or Sausage .....   | 10.95 |
| Hotcake Sandwich Two Buttermilk Pancakes Topped with Two Eggs and<br>Two Bacon Strips, Sausage or Ham, Creamy Whipped Butter and Syrup ..... | 10.95 |
| Fluffy French Toast (Grilled or Deep Fried) .....  | 10.95 |
| With Ham, Bacon or Sausage .....   | 13.95 |

|   |       |
|---|-------|
| Blintzes – Cheese (3) Served with Sour Cream and Preserves .....                  | 14.45 |
| Blintzes – Cheese (2) Served with Sour Cream and Preserves .....                  | 11.45 |
| Blintzes – Blueberry or Strawberry (3) Served with Sour Cream and Preserves ..... | 14.45 |
| Blintzes – Blueberry or Strawberry (2) Served with Sour Cream and Preserves ..... | 11.45 |
| Potato Pancakes (3) Served with Sour Cream and Applesauce.....                    | 11.95 |
| Waffle – Plain.....   | 8.95  |
| With Two Eggs, Choice of Bacon (2), Sausage (2) or Ham.....                       | 11.95 |
| With Fresh Strawberries and Whipped Cream.....                                    | 11.95 |

## Fruits & Juices

|                              | Small | Large |
|------------------------------|-------|-------|
| Fresh Orange Juice.....      | 4.45  | 5.45  |
| Fresh Grapefruit Juice ..... | 4.45  | 5.45  |
| Cranberry Juice.....         | 3.95  | 5.25  |
| Pineapple Juice .....        | 3.95  | 5.25  |
| Tomato Juice.....            | 3.95  | 5.25  |
| Apple Juice .....            |       | 5.25  |
| Stewed Prunes (6) .....      |       | 5.25  |
| Half Grapefruit .....        |       | 5.25  |
| Banana (1).....              |       | 1.75  |
| Goblet of Fresh Fruit .....  | 6.45  | 7.95  |

### When in Season

Fromin's "Famous" Baked Apple 6.95 Melon 5.95 Cantaloupe 5.95 Goblet of Strawberries 7.95 Strawberries with Sour Cream 9.45

## Sides

|   |      |
|---|------|
| One Egg .....   | 3.75 |
| Two Eggs .....  | 5.45 |
| Cold Cereal Frosted Flakes, Raisin Bran, Cornflakes, Cheerios or Shredded Wheat ..... | 5.75 |
| With Banana or Strawberries in Season .....   | 6.95 |
| Oatmeal Served with Raisins and Brown Sugar and Made with Milk .....                  | 6.45 |
| Served until 11:00 am .....   | 6.45 |
| Cream of Wheat .....  | 6.45 |
| Add 1.00 Made with Milk - Served until 11:00 am .....                                 | 7.45 |
| Homemade Granola with Fresh Fruit and Yogurt .....                                    | 7.45 |
| Home-Fried Potatoes .....   | 5.75 |
| Ham, Bacon, Sausage, Turkey Sausage or Canadian Bacon .....                           | 5.75 |
| 1/2 Order of Bacon or Sausage .....   | 3.45 |
| Burger Patty or Turkey Patty .....  | 7.95 |
| Corned Beef Hash .....  | 8.95 |
| English Muffin .....  | 3.75 |
| Bagel or Roll with Butter, Cream Cheese and Jelly .....                               | 3.95 |
| Toast with Butter, Cream Cheese and Jelly .....                                       | 3.75 |
| "Old Fashioned" Cinnamon Toast .....  | 3.95 |
| Raisin Pumpernickel Toast with Cream Cheese .....                                     | 5.25 |
| Corn or Flour Tortillas .....   | 3.45 |
| Muffin .....  | 4.95 |
| Danish Pastry .....   | 4.95 |

Still Hungry? Make Sure to Check Our Side Dishes Section

 Vegetarian